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LOWER EXTREMITY REVIEW

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TARGETED INTERVENTION FOR PATELLOFEMORAL

Reverse the toll on activity levels and
fitness with the novel RISK para

COMPLEMENTARY MEDICINE

RX: A MULTIFACETED PROGRAM
OF YOGA TO PREVENT FALLS

FOOT AND ANKLE PATHOLOGY

PROPOSED, A NEW DESCRIPTIVE
LANGUAGE FOR CATEGORIES OF
FOOT FAILURE

SPORTS MEDICINE

CAN MINIMALIST TOE SHOES
BUILD FOOT MUSCLE TO PREVENT
OVERUSE INJURY?

New Products



Hands-Free Diabetic Shoes

Quikiks, a hands free-operable, securely fastening footwear line, offers a new stylish diabetes patient-friendly version 25% lighter than the company's previous models. The shoes are made with a stretchable upper material and an extra-wide elastic band attached to side supports with a hook-and-loop closure to adjust lateral stability and fit and to accommodate foot swelling. A removable orthopedic insole has superior arch support, gel cushioning in the heel, and an anti-microbial top-coating. The shoes are made with an embedded, hands-free mechanism. The unit allows the user to slide their foot in and step down to securely fasten, then strike the heel to remove. There is no need to bend over or use one's hands to get in or out of the shoe.

Quikiks
888/656-2751
quikiks.com